## OptionProfessor.com Quick Alert December 29th, 2022

# Option Professor's New Years Resolutions Suggestions??



BY THE OPTION PROFESSOR

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### OptionProfessor Alert: 12/29/22 - Option Professor's New Years Resolutions Suggestions??

First of All; The Option Professor Wishes All of You & Your Families a Happy Healthy Blessed New Year!

As we reflect on 2022 & look forward to 2023; it's a great time to see how we can Improve as Investors! In this piece; we are going to focus on common mistakes we investors can make and changes to consider.

Some of the mistakes that investors make over the years that we have seen include:

- Having no plan or discipline when entering or exiting markets. RISK MANAGEMENT
- 2. Fear of losing money (this can come from NOT using Risk Capital Only & Too Many Positions (sizing)
- 3. Failure to Learn HEDGING strategies for Risk Management (Actual & Opportunity Risk)
- 4. Not Using Technical Indicators properly (Time Price Momentum Fibonacci) Failure to Follow Trends
- 5. Forgetting Past Performance is not Indicative of Future Results (Chasing Track Records/Braggards)
- 6. OVERPAYING for financial Chat rooms-Newsletters Courses ect with EXCUSES and still losing \$\$\$
- 7. Trading Too Much & Too Short Term with little or no results. Trading Too Many Markets
- 8. Under appreciating RISK & Failure to Understand Time-Implied Vol Value, Intrinsic Value, Expiration
- 9. OVER Emphasis on probability of LIMITED profit Against RISK of loss on option spread trades
- 10. Staying with bad trading strategies, research, ideas long after the evidence shows they're ineffective

What can we consider for 2023 to hopefully improve our overall experience in a very uncertain world.

#1 Create a Trading Plan that Makes Sense for You. Use Risk Capital. Create Entry & Exit Points.

#2 Set Aside Time to Review & Do Analysis of Your Trading Plan (Consider Paper Trading First)

# 3 Try to Automate Your Trading Plan to make it less Emotional & More Disciplined (Paper Trade First?)

We are big believers in Time Price Momentum and methods that emphasize RISK MANAGEMENT which is why after 40 yrs. we Educate people on Covered Calls, Collars Married Puts Replacement Trades-Spreads

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Let's have a Great Year in 2023! Give it a Try! You're Going to Like the Way it Works! We're Ready!

God Bless You in 2023! The Option Professor

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